



# The Latest Word

St. Perpetua School - Weekly Newsletter

March 13, 2024

## Weekly Update from Mrs. Gotchet



Although it is already Wednesday, we have a few things happening this week!

### Thursday, March 14th - Wear Green!

- We will be celebrating St. Patrick's Day a little early this year!
- Students may wear green or St. Patrick's Day themed dress on Thursday.
- If students choose to participate, they must follow our free dress policy outlined in our handbook.
- If students choose not to participate, they must wear their full uniform.

### Friday, March 15th - Noon Dismissal & Crisis Readiness Drill

- Friday is a noon dismissal.
- Beginning at 10:30am, we will be participating in our Crisis Readiness Drill to prepare and practice for any crisis situation.
- Thank you to all who attended our parent education night last week. Your partnership is crucial for us to be proactive and successful in ensuring our school's safety.

All families in good financial standing should have received electronic registration links for the 2024-2025 school year. The registration deadline is March 22nd. Please respect this deadline as we have waiting lists in several of our grades.

We are exactly **one** month away from our annual Auction! If you have not already done so, please make sure to purchase your tickets now. The link can be found as you scroll down in this week's newsletter. You definitely do not want to miss this year's auction. **The auction team and I are very excited to announce the very special MC and Auctioneer duo...**



It's a family affair! Scooter Bloom is my older brother. Only two years older, we went through high school together and we are both proud alumni of St. Mary's High School in Stockton, CA. Growing up, and even into adulthood, Scooter has been one of my biggest supporters whether it was coaching me in basketball, attending a rugby game during my college years, or cheering me on in my professional career. And his support doesn't stop there!



We are excited to introduce Scooter as our auctioneer and me, Mrs. Gotchet, as our MC for the auction. As a Catholic school educator himself in Stockton, Scooter is full of life and we will be sure to put on a show as we support our St. Perpetua school!

## School Schedule and Calendar

### Normal Bell Schedule

- Monday, Tuesday, Thursday & Fridays: 8:00 - 3:05pm
- Wednesdays: 9:00 - 3:05pm - Late start and mass uniforms
- Fridays: Cafe Perpetua 7:20 - 9:30am ~ unless stated as a 'No Cafe' day ~ (cash or check only). Students may wear St. Perpetua spirit-wear tops and uniform bottoms.
- [Lunch Schedule](#)

### Next 10 Days

- Thursday, March 14 - St. Patrick's Day Free Dress (green colors)
- Friday, March 15 - Cafe Perpetua open 7:30 - 9:30
- Friday, March 15 - Crisis Readiness Drill for our school
- Friday, 3/15 - report cards go home
- Friday, 3/15 - **NOON Dismissal (Panther House is OPEN for after-school care)**
- **Friday, March 15 - Taste of St. Perpetua has been CANCELLED**
- Friday, 3/22 - last day for students to submit their Young Author book
- Wednesday, 3/27 - last day to [order April Pizza](#)

### Other Important Dates

- Thursday, 3/28 - Holy Thursday, **NOON Dismissal (NO Panther House after-school care)**
- Friday, 3/29 - **Financial Aid Application deadline (all supporting docs must be submitted)**
- Friday, 3/29 - Friday, 4/5 - **Easter Break**

## Monthly School Calendar

*High School Flashback*



WWW.STPERPETUAUCTION.COM

**Buy Now!**

### Auction Updates!

Tickets are going fast, [buy now](#) before they sell out!

Our auction items are out of the park this year!! Here's a few items you don't want to miss out on.

- **Caldera Springs/Sunriver Oregon Home for 5 nights!** This unbelievable beautiful home at [Caldera Springs](#) features 7 bedrooms, 7.5 baths along with everything you could possibly need for a summer trip to Oregon! [Click here for pictures and amenities](#) included at this exclusive home. Many thanks to the Gaulke family for this generous donation.
- **Buster Posey Experience!** Grab your baseball bat and glove along with a couple of your best friends because this is a chance of a lifetime. Mr. Posey has generously offered to do a private hitting session for up to 4 lucky kids along with a photograph and signed baseball. Many thanks to Kristen and Buster Posey for this donation.



### Order April Pizza [HERE](#)

**Now is the time to order April Pizza for your students!**

Pizza will be served on three Thursdays: 4/11, 4/18, & 4/25.  
[The link closes on March 27th.](#)

## A Note from Ms. Tamara

In March, a part of our SEL lessons is dedicated to learning coping skills. The skills are geared towards

each age group and supplemental worksheets will be sent home so that the message can be reinforced. Introducing the students to coping tools will empower them and teach them self-regulation, an invaluable tool in our world of increasing noise and stimulation. Depending on a child's temperament, his/her coping skills can be very different. Whereas one person calms down through stillness and meditation, another could feel centered through movement. Thus, students are given worksheets with a variety of coping skills and strategies so that they can choose what works best for them. However, despite these differences, breathing techniques are one universal way of managing and regulating our nervous systems. As such this year, breathing exercises and methods, particularly the diaphragmatic deep belly breathing have been emphasized in TK through 8th grade classes. Other coping tools include but are not limited to talking to trusted adults and friends, taking healthy space, drinking water, exercise and movement, reading a book, listening to music, art and creative endeavors, journaling, counting while breathing, nature time, doing a joyous activity, remembering happy memories, etc.

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## Financial Assistance for the 2024 - 2025 School Year

**Submission Deadline: March 29th**

[Details & Deadline Information](#)

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## Spring Fun At The Lafayette Library ~ See [Flyer](#) for more details

- Take & Make Mondays (ages 6-9)
- Monday & Tuesday Homework Help
- Stepping Into STEM



## Panther House After-School Care

Panther House after school care is available. Please take time to review the [program details](#). If you are interest in enrolling your child(ren), please fill out the [enrollment form](#) (required for all students).

Submit forms via email to [pantherhouse@stperpetuaschool.org](mailto:pantherhouse@stperpetuaschool.org).

[April Calendar](#)

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## Lafayette Rotary 'Keep On Truckin' Event

**Saturday, April 27th, 9am - 2pm ~ See [flyer](#) for more details**

- raffle prizes
- games
- food trucks



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## Summer 'Bumble Bee' Art Camp - Bay Area Art Explorers

**June 17-21 & July 15-19**

See [flyer](#) for more details

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## Application for 2024-2025 School Year

[Application Link](#) for **NEW STUDENTS** interested in the upcoming school year



Contact Gretchen Trapp, our Admissions Director, [gtrapp@csdo.org](mailto:gtrapp@csdo.org) for more information on class availability or to set up a tour.



## Volunteer Opportunities and Links

We need your help at St. Perpetua. Please review the [volunteer participation agreement](#) and sign up now to complete your hours and get to know our wonderful St. Perpetua school community.

### Sign Up Now to Volunteer

- [Hot Lunch Volunteers Needed](#)
- [Yard Duty Volunteer](#) - 2 required for each family
- [Crosswalk Volunteer](#) - 1 required for each family
- [Become an 'All Clear' volunteer](#)

[Log Volunteer Hours](#)

## Important Links

- [Choice Lunch Service](#)
- [PowerSchool Login](#)
- [Family Directory](#)
- [Scrip Obligation & ordering information](#)
- [2023-2024 Parent & Student Handbook](#)
- [Faculty Directory](#)
- [Attendance Policy](#)
- [Uniform Policy](#)
- [Printable School Calendar](#)
- [Archived Constant Contact Newsletters](#)



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